

# Design of Preemptive Pathway of Future People Journey for Dementia

-Early Awareness, Diagnosis, Treatment and Monitoring

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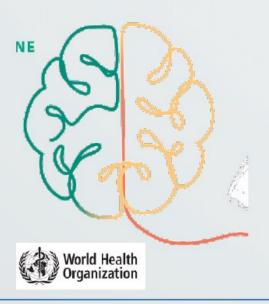
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# Key Risk factors and WHO's Suggestion for dementia



## Suggestion from WHO guideline

# RISK REDUCTION OF COGNITIVE DECLINE AND DEMENTIA WHO GUIDELINES



- Physical activity interventions
- Tobacco cessation interventions
- Nutritional interventions
- Interventions for alcohol use disorders
- Cognitive interventions
- Social activity
- Weight management
- Management of hypertension
- Management of diabetes
- Management of dyslipidemia
- Management of depression
- Management of hearing loss

# Importance of behavioral intervention

- The existence of potentially modifiable risk factors means that prevention of dementia is possible through a public health approach, including the implementation of key interventions that delay or slow cognitive decline or dementia.
- While expectation for diseasemodifying therapies for dementia is getting bigger, incorporating the type of lifestyle that mitigates the risk of dementia from middle-age are also expected to decrease Social burden.

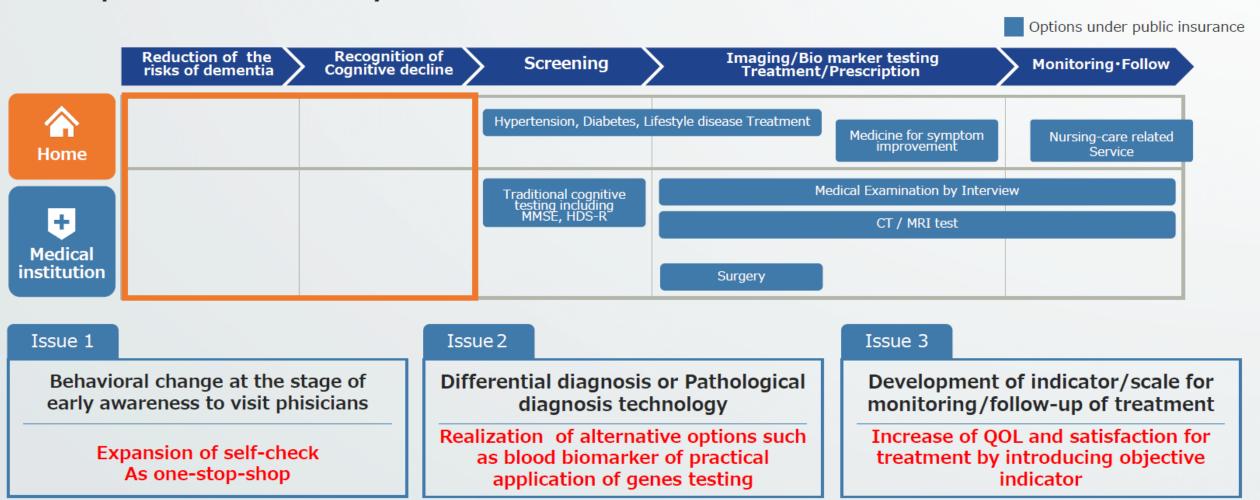
RISK REDUCTION OF COGNITIVE DECLINE AND DEMENTIA WHO GUIDELINES (https://www.who.int/mental\_health/neurology/dementia/guidelines\_risk\_reduction/en/Last Access August 17, 2020 )

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# Medical Environment for Dementia at Present



# People & Patient Journey on dementia

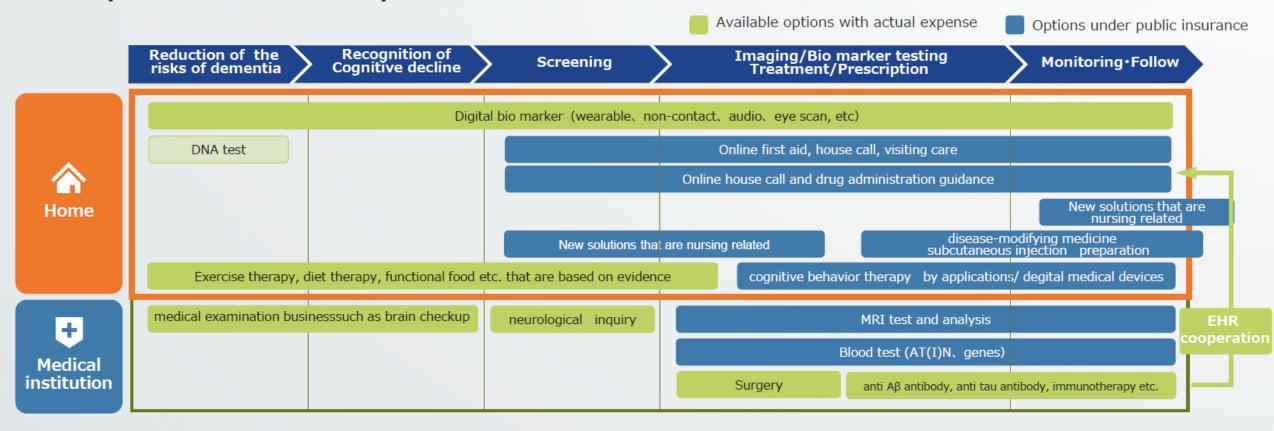


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# Ideal Future Preemptive therapies for compound pathology, awareness in early stage, diagnosis, treatment and monitoring for implementation from primary to tertiary prevention



# People & Patient Journey on dementia



The border between daily life and healthcare will be fading more and the place of functional service will shift to home or to a part of daily life.

Transforming into the new health care style that is to combine to diagnose, treat, follow the progress of degenerative disease at home with special tests or surgery that are only available in medical facilities.

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# 2020 Bunkyo ward dementia follow-up program summary





(At: Kumin center. 60 participants)

#### One month

### Three months

#### Six months



- Doctor's lecture
- Synapsology®
- Health check
  - Physical function measurement
  - Lifestyle check
  - Brain performance check (NOU-KNOW\*)

#### 

- Nutritionist's lecture
- Health exercise instructor's lecture
- Synapsology®
- Brain performance check (NOU-KNOW\*)

#### March 16th (Tue) PM \*2 venue

- Doctor's lecture
- Synapsology®
- Health check
  - Physical function measurement
  - Lifestyle check
  - Brain performance check (NOU-KNOW\*)

# ①Watch cable TV ②hosted by Eisai"Synapsology®trial session"participation recommended +independent improvement of lifestyle





September 25th (Fri)  $\sim$  Octber 2nd (Fri)

- Brain performance check (NOU-KNOW\*)
- Lifestyle check

#### December 18th (Fri) $\sim$ December 25th (Fri)

■ Brain performance check (NOU-KNOW\*)

#### March 16th (Tue) $\sim$ March 23rd (Tue)

- Brain performance check (NOU-KNOW\*)
- Lifestyle check